

Risk Assessment

This document has been produced to supply advice and guidance on the risks and hazards you may experience within the football season



GOALPOSTS

Too many serious injuries have occurred in recent years as a result of unsafe or incorrect use of Goalposts.

Safety is always of paramount importance and everyone in football must play their part to prevent similar incidents occurring in the future.

WHAT ARE THE HAZARDS

- Permanent goal posts
- Temporary goal posts

WHO MIGHT BE HARMED?

- Players
- Officials
- Members of the Public

HOW MIGHT THEY BE HARMED?

- Goalposts may collapse
- Paint splinters caused by rust
- Members of the public climbing on them and falling
- Fixing nets with metal cup hooks

MEASURES IN PLACE TO CONTROL THE RISK AND PROTECT PERSONS

- Goalposts of any size (including those which are portable and not installed permanently at a pitch or practice field) must always be anchored securely to the ground
- Portable goalposts must be secured as per the manufacturer's instructions
- Goalposts are inspected prior to games and training

RISK FACTOR

Medium/High Risk



Although out of our control, the weather conditions can also cause serious injury.

WHAT ARE THE HAZARDS

Extreme weather conditions

WHO MIGHT BE HARMED?

- Players
- Officials
- Members of the Public

HOW MIGHT THEY BE HARMED?

Injury or illness die to extreme weather conditions

MEASURES IN PLACE TO CONTROL THE RISK AND PROTECT PERSONS

- Make sure the ground is safe to play and is inspected prior to games and training
- Call off the game and training if extreme weather is expected
- Abandon the game and training if there is extreme weather
- Suitable clothing is worn

RISK FACTOR

Low/Medium Risk



Risk Assessment

STATE OF THE PITCH

The state of the pitch can cause harm or injury to those involved. Although what we can do is limited, there are precautions to take to reduce the risk to our players and volunteers.

WHAT ARE THE HAZARDS

- Uneven ground
- Potholes/objects
- Surrounding areas

WHO MIGHT BE HARMED?

- Players
- Officials
- Members of the Public

HOW MIGHT THEY BE HARMED?

- Injury due to poor pitch conditions
- Illness due to excrement

MEASURES IN PLACE TO CONTROL THE RISK AND PROTECT PERSONS

- Make sure the pitch is inspected prior to games and training
- Check and clear the pitch and surrounding area of any object that may cause illness and injury (glass, bottles, excrement etc)

RISK FACTOR

Medium/High Risk



Risk Assessment

BALLS

Football cannot be played without balls, but it is important the football being used is not going to cause harm

WHAT ARE THE HAZARDS

- Wrong size
- Too hard
- Damaged

WHO MIGHT BE HARMED?

- Players
- Officials
- Members of the Public

HOW MIGHT THEY BE HARMED?

Struck with the ball

MEASURES IN PLACE TO CONTROL THE RISK AND PROTECT PERSONS

- The balls must be inspected for damage and any damaged balls destroyed
- The balls must be inflated to the correct pressure
- The appropriate football size is used for the age group

RISK FACTOR

Low Risk



Risk Assessment

FOOTWEAR

To ensure the safety if all involved, it is important to ensure that all players and coaches wear the correct footwear for the surface

WHAT ARE THE HAZARDS

- Sharp studs
- Incorrect footwear (e.g. blades or studs on astro turf)

WHO MIGHT BE HARMED?

- Players
- Officials

HOW MIGHT THEY BE HARMED?

- Injury to other players
- Injury to self

MEASURES IN PLACE TO CONTROL THE RISK AND PROTECT PERSONS

- Sharp studs must not be worn
- Players to check their studs regularly
- Check all players have the correct footwear for the surface being played on

RISK FACTOR

Low Risk



JEWELLERY

Wearing of jewellery is often worn in regular day to day life but can be dangerous to the wearer

WHAT ARE THE HAZARDS

All jewellery

WHO MIGHT BE HARMED?

Players

HOW MIGHT THEY BE HARMED?

- Strangulation
- Lacerations

MEASURES IN PLACE TO CONTROL THE RISK AND PROTECT PERSONS

The coach must check to ensure all jewellery is removed (Taping up jewellery is not permitted unless it
is a wedding ring that cannot be removed)

RISK FACTOR

Low Risk



Risk Assessment

CONDUCT OF PLAYER

Football must be played in a fun and safe environment regardless of the level or age of those involved. The conduct of any person involved doesn't put any other person at risk.

WHAT ARE THE HAZARDS

- Dangerous play
- Violence

WHO MIGHT BE HARMED?

- Players
- Officials
- Members of the Public

HOW MIGHT THEY BE HARMED?

- High aggression causing bodily injury
- Violence spreading to other players and members of the public

MEASURES IN PLACE TO CONTROL THE RISK AND PROTECT PERSONS

- The players must adhere to the Respect Code of Conduct
- The coach/referee should caution players or remove them from the pitch and training area
- Coach players to tackle correctly

RISK FACTOR

Very High Risk



Risk Assessment

INJURIES

Football is a conduct sport and injuries are part of the game. It is important all precautions are taken to reduce the likely chance of injury being sustained

WHAT ARE THE HAZARDS

Accidental bodily harm

WHO MIGHT BE HARMED?

Players

HOW MIGHT THEY BE HARMED?

Injury due to participation

MEASURES IN PLACE TO CONTROL THE RISK AND PROTECT PERSONS

- Warm up and cool down correctly
- Having a first aid kit
- Having a qualified emergency first aider

RISK FACTOR

Very High Risk



DEHYDRATION & EXHAUSTION

All players must be hydrated both in training and match day environments to avoid impact to the players health

WHAT ARE THE HAZARDS

Bodily injury

WHO MIGHT BE HARMED?

Officials

HOW MIGHT THEY BE HARMED?

Long terms serious health problems

MEASURES IN PLACE TO CONTROL THE RISK AND PROTECT PERSONS

- All players must always have access to bottles of water
- Additional water bottles provided in warmer conditions
- Regular drink breaks

RISK FACTOR

High Risk



Risk Assessment

PUBLIC PROXIMITY TO PLAYING AREA

The safety of all attending a game is essential.

WHAT ARE THE HAZARDS

Players colliding with the public

WHO MIGHT BE HARMED?

- Players
- Officials
- Members of the Public

HOW MIGHT THEY BE HARMED?

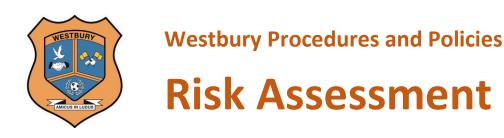
Players colliding with members of the public when running at speed

MEASURES IN PLACE TO CONTROL THE RISK AND PROTECT PERSONS

- Members of the public must be a minimum of 2 metres away from the edge of the side-line
- Respect barriers set up on match days

RISK FACTOR

Medium Risk



STRUCTURE & DUGOUTS

It is important that structures and dugouts are used in a safe and correct manner.

WHAT ARE THE HAZARDS

Injury

WHO MIGHT BE HARMED?

- Players
- Officials
- Members of the Public

HOW MIGHT THEY BE HARMED?

Players may fall or crash into structures

MEASURES IN PLACE TO CONTROL THE RISK AND PROTECT PERSONS

- All structures are to be a minimum of 2 metres from the side-line
- All spare goals must be safely stored away and two metres from the side-line

RISK FACTOR

High Risk



BLOOD SPILLAGE

As a contact sport, there is a risk of picking up an injury or open wound.

WHAT ARE THE HAZARDS

Blood loss

WHO MIGHT BE HARMED?

- Players
- Officials

HOW MIGHT THEY BE HARMED?

Lacerations

MEASURES IN PLACE TO CONTROL THE RISK AND PROTECT PERSONS

- First aid kit should be available to all players
- First aid training

RISK FACTOR

Medium Risk